



## **The ~~10~~ 9-Ways Families Can Communicate With Their Loved Ones at Lake Taylor**

During this unprecedented time of mandatory visitor restrictions and social distancing, Lake Taylor encourages families and friends to maintain contact with their loved one inside our facility. There are many ways this can be accomplished, some commonplace, some are time-honored, others new and innovative and based on technology.

1. **In-Person Visit** – Indoor visitation is now permitted once again – with some conditions. Visitation is limited to family members of patients or residents and as long as the PATIENT has been fully vaccinated. Wearing facial masks remains a requirement. For a full list of conditions, see the UPDATED regulations for May 2021
2. **Window Visits** – These are STILL popular and the BEST way for multiple friends, families or neighbors to visit folks here at Lake Taylor and across the country. With a little advance planning, visitors can arrange for their loved ones – including pets! – to appear at Lake Taylor’s floor-to-ceiling Rec Room windows and allow for visits to take place over handheld phones.
3. **Write a letter or note** – It might seem old-fashioned, but there’s nothing more personal than a hand-written note.
4. **Send a card** – with beautiful images, humorous sketches or poignant illustrations, poetic verses, famous or inspiring quotations these can capture what you wish to express often better than our ability to do so on our own.
5. **FREE eCards** -- Lake Taylor offers an electronic card version that anyone can send to a patient FOR FREE [through the website](#) (Choose one of three themes: *Get Well*, *Happy Birthday*, or *Thinking of You*.)
6. **Flowers & plants** – At this time, floral arrangements for patients or residents are still permitted and are delivered to a central location. From there, Lake Taylor staff deliver to the patient’s bedside.

7. **Telephone calls** – Phone calls through the Lake Taylor switchboard (757-461-5001) can be directed to the bedside phone in any room.
8. **Personal phones** (or Handhelds) –These days most residents or patients within Lake Taylor have their own mobile phones.
9. **Video Chats** – Lake Taylor offers free use of handheld devices – iPad tablets – and staff are able to assist patients with two-way visual calls (even Android devices) with advance notice.
10. **Facebook Posts** – Posting videos on Facebook and sharing privately is another option.