

KAY & AL ABIOUNESS

ADVANCE CARE PLANNING SEMINAR

Presented by Lake Taylor Transitional Care Hospital Foundation

Advance care planning ensures that others – loved ones, family members or close friends – are prepared to act on behalf of someone when they can't speak for themselves. It's a difficult conversation to have, and it does take courage, which is why it's often called "The Courageous Conversation."

The Lake Taylor Transitional Care Hospital Foundation is presenting the Kay and Al Abiouness Advance Care Planning Seminar. This seminar will help guide and prepare individuals and families to have a "courageous conversation" with their loved ones to learn about their wishes and help them make an Advance Care Plan.

SATURDAY
APRIL 27, 2024
9 a.m. - Noon



LAKE TAYLOR
TRANSITIONAL CARE HOSPITAL
FOUNDATION

1309 Kempsville Rd. Norfolk, VA 23502

9:00 - 9:30 a.m. Doors Open, Exhibit Tables Open

9:30 - 10:30 a.m. Presentations:

- *What is an Advance Care Plan and Why is it Important?*
- *Legal Aspects - What Do You Need to Know*

10:30 a.m. - Noon Individual Advance Care Plan Facilitation
Exhibit Tables Open

TO REGISTER

 **757-461-5001, ext. 585**

 **laketaylorfoundation@gmail.com**



PRESENTERS



Marissa Galicia-Castillo
MD, FAAHPM

Medical Director of the Macon F. Brock Jr. Palliative Care Medicine Program, and director of the EVMS Center for Geriatrics and Gerontology.



Emily A. Martin
ATTORNEY
HOOK LAW CENTER

Practice specialties include elder law, estate and trust administration, estate planning, guardianship and conservatorship, and long-term care planning.